



Personal Skin Type Evaluation

Glogau's Classification of Photo Aging Groups

- **Skin Type:** Circle one: Normal Oily Dry Combination Other
- **Condition:** Circle one: Texture Sun Damage Acne/Oily Pigment Problems
- **Sensitive Skin:** What irritates your skin?
- **Sunburn Sensitivity:** Circle one: Always Usually Occasionally Rarely Never
- **Specific Areas of Concern?**

Your Personal Wrinkle Evaluation:

Please circle what group you feel you fall into.

Group I Mild (usually 28-35 years old)

No Keratoses
Little wrinkling
No scarring
Little or no makeup

Group II Moderate (usually 35-50 years old)

Early actinic Keratoses (slight yellow discolorations)
Early wrinkling
Parallel smile lines
Mild scarring
Little makeup

Group III Advanced (usually 50-60 years old)

Actinic Keratoses (obvious yellow skin discoloration) with telangiectasia (spider veins)
Wrinkling – present at rest
Moderate acne scarring
Wears makeup always

Group IV Severe (usually 60-75 years old)

Actinic Keratoses and skin cancers have occurred
Wrinkling – much cutis laxa of actinic gravitational and dynamic origin
Severe acne scarring
Wears makeup that is caked on

Other Photo Aging Concerns: Are you on any of these medications?

- Anticoagulant medication and aspirin as it increases chance of bruising post-treatment
- Seizure disorders triggered by light
- Medications that may cause photosensitivity e.g. Antibiotics, non-steroidal anti-inflammatory.